

MENU

BREAK 2

SERVED IN
THE MAIN CANTEEN

W/C 09/01/23, 30/01/23, 27/02/23 & 20/03/23

MONDAY

MAC & CHEESE WITH GARLIC BREAD [V]

MEAL - 2.50
MEAL & DESSERT - 3.00

WARM CHOCOLATE BROWNIE [V]

TUESDAY

COTTAGE PIE [GF]

TOMATO & PEPPER GNOCCHI [V]

FRUIT YOGHURT & GRANOLA [V]

WEDNESDAY

ROAST PORK DINNER [GF]

RATATOUILLE STUFFED PEPPERS [GF] [V] [VG]

EVE'S PUDDING [V]

THURSDAY

CHICKEN CURRY WITH COCONUT RICE [GF]

PESTO PENNE WITH ROCKET [VG]

STEWED FRUIT WITH CHOCOLATE SAUCE [GF] [V]

FRIDAY

FISH or SAUSAGES & CHIPS

VEGETABLE BURGER & CHIPS [V]

BUTTERSCOTCH MOUSSE WITH A BISCUIT CRUMB [V]

AVAILABLE EVERY DAY FROM REFUEL #2

JACKET POTATOES WITH A CHOICE OF
FILLINGS [GF] - 2.10

PASTA & SAUCE (CHANGES DAILY) - 2.00

SANDWICHES - 1.90 to 2.40

FRESH SALAD POTS [GF] - 2.50

[V] - VEGETARIAN

[VG] - VEGAN

[GF] - GLUTEN FREE

REFUEL

PLEASE NOTE THAT IT MAY OCCASIONALLY BE NECESSARY TO MAKE CHANGES THE ADVERTISED MENU

MENU

BREAK 2

SERVED IN
THE MAIN CANTEEN

W/C 16/01/23, 06/02/23, 06/03/23 & 27/03/22

MONDAY

HAM & CHEESE PASTA BAKE

SWEET CHILLI STIR FRY WITH EGG NOODLES [V]

FRUIT TRIFLE

MEAL - 2.50
MEAL & DESSERT - 3.00

TUESDAY

BEEF STROGANOFF [GF]

MUSHROOM RISOTTO WITH CRISPY KALE GNOCCHI [V]

PEAR & CHOCOLATE CRUMBLE [V]

WEDNESDAY

ROAST TURKEY DINNER [GF]

NUTLESS ROAST [V]

JAM & COCONUT SPONGE [V]

THURSDAY

MEATLOAF WITH A TOMATO SAUCE

CHEESE & TOMATO QUICHE [V]

BANANA CAKE [V]

FRIDAY

FISH or CHICKEN DRUMSTICKS [GF] & CHIPS

VEGAN NUGGETS & CHIPS [VG]

BERRY CHEESECAKE [V]

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FILLINGS [GF] - 2.10

PASTA & SAUCE (CHANGES DAILY) - 2.00

SANDWICHES - 1.90 to 2.40

FRESH SALAD POTS [GF] - 2.50

[V] - VEGETARIAN

[VG] - VEGAN

[GF] - GLUTEN FREE

REFUEL

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MENU

BREAK 2

SERVED IN
THE MAIN CANTEEN

W/C 23/01/23, 20/02/23 & 13/03/23

MONDAY

BACON MAC & CHEESE

SPANISH FRITTATA WITH ROCKET [V]

BERRY ETON MESS [V]

MEAL - 2.50
MEAL & DESSERT - 3.00

TUESDAY

MARINATED CHICKEN WITH RICE

TOMATO & PEPPER RISOTTO [V]

APPLE & OAT CRUMBLE [VG]

WEDNESDAY

ROAST GAMMON DINNER [GF]

KATSU TOFU CURRY WITH COCONUT INFUSED RICE [V]

PINEAPPLE UPSIDE DOWN CAKE [V]

THURSDAY

MILD CHILLI CON CARNE [GF]

MUSHROOM STROGANOFF [V]

BREAD & BUTTER PUDDING [V]

FRIDAY

FISH or SAUSAGES & CHIPS

VEGETABLE ENCHILADA & CHIPS [V]

CHOCOLATE MOUSSE WITH CHANTILLY CREAM [V]

AVAILABLE EVERY DAY FROM REFUEL #2

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FILLINGS [GF] - 2.10

PASTA & SAUCE (CHANGES DAILY) - 2.00

SANDWICHES - 1.90 to 2.40

FRESH SALAD POTS [GF] - 2.50

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